

TEST DEBRIEF

Directions: *Consider* the seven, common, point-losing issues below. *Estimate* the number of points you lost on your last test for each problem area. *Analyze* what causes contributed to the problem. *Describe* the solution you will implement as you prepare for the next test.

Problem	Points Lost	Analysis of Cause(s)
<p>Problem 1: I didn't study some of the information or skills covered on the test.</p> <p>SOLUTION:</p>		<p>Inadequate/incomplete review Tried to cram Lecture notes inadequate Didn't complete reading assignments Didn't do practice problems Unable to identify major concepts Did not review notes regularly Didn't take time to self-quiz What else?</p>
<p>Problem 2: Although I studied the information or skills covered on the test, I got the questions wrong or did not understand what the instructor was asking.</p> <p>SOLUTION:</p>		<p>Used too few study tools Studied too narrowly Didn't self-quiz Didn't make associations or connections Didn't try to learn material in multiple forms Too little time studying Tried to rely on memorizing only Didn't recognize material referred to Never verbalized or visualized material What else?</p>
<p>Problem 3: I wasn't good at answering the kind of questions on the test.</p> <p>SOLUTION:</p>		<p>Didn't review strategies in textbook for specific types of test questions. Talked negatively to self Haven't practiced constructing and answering specific types of questions What else?</p>

<p>Problem 4: I didn't follow the directions.</p> <p>SOLUTION:</p>		<p>Didn't listen while the instructor reviewed test Didn't circle/underline instruction words Didn't check over test before turning it What else?</p>
<p>Problem 5: I ran out of time and lost points for questions I could have answered.</p> <p>SOLUTION:</p>		<p>Failed to set and stick to time limit for each section of test Don't know how to make a time budget Bogged down with harder questions Failed to apply/ask for authorized accommodations What else?</p>
<p>Problem 6: I knew the answers but made careless mistakes.</p> <p>SOLUTION:</p>		<p>Rushed Didn't allow time to proofread Overlooked instructions Didn't read instructions Allowed distractions to disrupt focus Did not allow enough time for some questions What else?</p>
<p>Problem 7: I panicked and was too stressed to answer questions, even some for which I knew the answers.</p> <p>SOLUTION:</p>		<p>Lacked "test confidence" Knew study was inadequate Didn't know material really well Tried to cram Pulled an all-nighter Haven't dealt with test anxiety Listened to negative self-talk Didn't self-quiz Didn't have a test-smart plan Regretted not going to tutoring What else?</p>